



# DR. MOHD. ZALIRIDZAL ZAKARIA

## EDUCATION

### **PhD (Guidance and Counseling)**

Universiti Putra Malaysia, Serdang, Malaysia

### **MEd (Guidance and Counseling)**

Universiti Putra Malaysia, Serdang, Malaysia

### **Bachelor (Guidance and Counseling)**

Universiti Putra Malaysia, Serdang, Malaysia

### **Professional Certificates**

Occupational Critical Incidents Stress Management (OUM/ICISF)  
Psychological First Aid Trainer (UN-IIGH)

## RESEARCH INTEREST

- Crisis Intervention and Traumatic Stress Management
- Cognitive-Ihsan Group Counseling
- Psychospiritual and Psychosocial Disaster Mental Health Approach
- Adventure Based Counseling and Spiritual Adventure Therapy

## BRIEF DESCRIPTION

Dr. Mohd. Zaliridzal Zakaria has been working at Universiti Sains Islam Malaysia from 2008 until present. He teaches individual and group counseling in both undergraduate and post-graduate levels. He is currently the Deputy Dean (Student Affairs and Alumni) FKP. He is trained in Crisis and Trauma Counseling, Psychological First Aid, Disaster Mental Health and Adventure Based Counseling. His research and publications are related to his research interest mention above.

## FURTHER INFORMATION

Please check him out at:

<https://scholar.google.com/citations?user=xJZZ2u0AAAAJ&hl=en&oi=ao>

[https://www.researchgate.net/profile/Zaliridzal\\_Zakaria](https://www.researchgate.net/profile/Zaliridzal_Zakaria)

<https://orcid.org/0000-0002-0826-3919>

Senior Lecturer  
Registered Counselor (KBPA)  
Counseling Program  
Faculty of Leadership and  
Management, USIM



+606-7988000  
+6019-3733786



zaliridzal@usim.edu.my



<http://fkp.usim.edu.my/>