



Senior Lecturer  
Registered Counselor (KBPA)  
Counseling Program  
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# DR. ABDUL RASHID BIN ABDUL AZIZ

## EDUCATION

### PhD (Guidance & Counselling)

Universiti Teknologi Malaysia, Johor Bahru, Malaysia

### MSc (Counseling)

Universiti Utara Malaysia, Sintok, Malaysia

### Bachelor of Int. Aff. (Management)

Universiti Utara Malaysia, Sintok, Malaysia

### Professional Certificates

TRIZ level 1 and level 2-Practitioner

TRIZ level 1-Instructor

## RESEARCH INTEREST

- Positive Psychology
- Mental Health and Well-being
- Psychospiritual and Islamic Counseling

## BRIEF DESCRIPTION

Dr. Abdul Rashid bin Abdul Aziz is one of the senior lecturer in Counseling Program, Faculty of Leadership and Management. His fields of expertise are in positive psychology, theories of counseling, and research method. He currently teaches at undergraduate and postgraduate levels, mainly focusing on research method, group counselling, career counselling and psycho-spiritual. Throughout his academic service, he has published his writing in newspaper, books, articles, and journals in Malaysia and internationally. He is also a registered counselor under PERKAMA.

## FURTHER INFORMATION

Please check him out at:

<http://orcid.org/0000-0002-3752-8250>